

# LV-GB Complex™

*Support for the liver and gallbladder*

LV-GB Complex™ has been designed to provide nutritional support for the liver and gallbladder. The liver is an organ that is key to optimal body performance. Its functions in the body range from detoxification and protein synthesis to aiding in digestion and metabolism. Because the liver supports almost every other organ in the body, its ability to function optimally is vital to our overall well-being.

One of the key processes of the liver is the production and excretion of bile, whose function is to carry away waste and break down fat during digestion. Some of that bile is stored in the small, pear-shaped organ known as the gallbladder, where it is available in larger quantities when it is needed for the digestive process. Besides being a storage tank for bile, the gall bladder also helps to maintain healthy bile flow and works to support the efficiency of bile.

The proprietary blend of substances in LV-GB Complex™ includes L-taurine, beta-carotene, ox bile, inositol and choline, a combination which aids the liver in its elimination of fatty substances and promotes bile flow.

Other active ingredients include vitamins B12 and B6, and an herbal mixture consisting of dandelion, milk thistle, celandine, fringe tree, artichoke, and beetroot; all of which support the liver's detoxification process and promote bile flow. Dandelion stimulates bile flow and acts as a natural diuretic. Milk thistle is a well-researched herb shown to foster regeneration of liver cells and aid in the flow of bile to promote healthy gall bladder function. Greater celandine, fringe tree, and artichoke strengthen the bile ducts and the gut. Beetroot is an excellent source of betaine, which supports optimal digestion of essential fats and fat-soluble vitamins.

## **LV-GB Complex™ may benefit:**

- Individuals without a gallbladder
- Anyone wishing to support liver or gallbladder function
- Individuals who want support for fat digestion
- People who suffer from occasional bloating, gas or GI distress
- Individuals in need of detoxification support

## **How to Take**

- Take three capsules per day with meals, or as directed by your health care practitioner.
- Do not take this product if experiencing acute upper abdominal pain or if you have a bile duct obstruction.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**

ZPLP LGC 9/13