

Overview	Sermorelin	GHRP-2	GHRP-6	Ipamorelin	Sarcotropin	Ibutamoren
Growth Hormone Releasing Peptide		✓	✓	✓	✓	Non-peptide
Growth Hormone Releasing Hormone	✓					
Secretagogue	✓	✓	✓	✓	✓	✓
Medical Food					✓	
Non-Controlled Substance	✓	✓	✓	✓	✓	✓
Saturation effect		✓	✓	✓		
Can be taken w/ HRT Therapy	✓	✓	✓	✓	✓	✓
Delivery Method						
Injectable	✓	✓	✓	✓		
Sublingual	✓	✓	✓			
Oral					✓	✓
Oral Liquid					✓	
Potential Benefits						
Improved Sleep	✓	✓	✓		✓	
Improved Body Composition	✓	✓	✓	✓	✓	✓
Improved Bone Density						✓
Improves LDL & HDL Levels						✓
Not Shown to Stimulate Hunger	✓					✓
Shown to Improve Recovery	✓					
Typical Dosing						
Taken in the AM					✓	✓
Taken Before Bed	✓	✓	✓	✓	✓	✓

*Supporting studies and articles can be supplied upon request